Savitribai Phule Pune University
Department of Psychology

World Mental Health Day '26

THEME

"Lived Experiences Heard: *Real Voices, Real Change*"

Date	Time	Venue
10 October 2026, Saturday	10:00 AM – 6:00 PM	Department of Geology, SPPU



Prof. (Dr.) Suresh Gosavi
Hon'ble Vice Chancellor
CHAIRPERSON OF THE EVENT



Dr. Mrudula Apte
NIMHANS
Founder, Director
Vidula Psychological Consultancy
GUEST SPEAKER



Dr. Sibnath Deb
Professor of Applied Psychology
Pondicherry University, India
CHIEF GUEST

SPECIAL PRESENCE

Muktangan Community

We are honoured to announce that members of the Muktangan community will be joining us.

Dr. Rajendra Mhaske	Dr. Juhi Deshmukh	Prof. Ramu Kokani
HEAD OF DEPARTMENT	CONVENER	CO-CONVENER

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EVENT FLOW

10:00 – 11:00 AM	Inauguration
11:00 AM – 12:00 PM	Guest Speaker: Dr. Mrudula Apte
12:00 PM – 1:30 PM	Guest Speaker: Dr. Sibnath Deb
1:30 – 2:30 PM	Lunch
2:30 – 3:00 PM	Short Film
3:00 – 5:00 PM	Community Outreach
5:00 – 5:15 PM	Nukkad Natak
5:15 – 6:00 PM	Refreshments

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