



डॉ. प्रभाकर देसाई
एम्.ए., पीएच.डी.
संचालक

सावित्रीबाई फुले पुणे विद्यापीठ

(पूर्वीचे पुणे विद्यापीठ)

राष्ट्रीय सेवा योजना
गणेशखिंड, पुणे - ४११ ००७



कार्यालय क्र. : ०२०-२५६९७३४९
०२०-२५६०११५३
फॅक्स क्र. : ०२०-२५६९७३४९
मोबाईल : ९८८१९०८०२०

संदर्भ : रासेयो/१०८ /१९

दि. ०६/०६/२०१९

प्रति,

मा. प्राचार्य,

रासेयो संलग्नीत सर्व महाविद्यालये,
पुणे, अहमदनगर व नाशिक जिल्हा
सावित्रीबाई फुले पुणे विद्यापीठ.

विषय : 'आंतरराष्ट्रीय योग दिवस' साजरा करण्याबाबत

महोदय,

युवा व खेल विभाग, मंत्रालय, नवी दिल्ली यांच्या पत्रान्वये मा. क्षेत्रीय संचालक, रासेयो क्षेत्रीय संचालनालय, भारत सरकार, पुणे यांनी पाठविलेल्या पत्रानुसार दि. २१ जून २०१९ रोजी 'आंतरराष्ट्रीय योग दिवस' साजरा करावा, असे निर्देशित करण्यात आले आहे.

त्याप्रमाणे २१ जून २०१९ रोजी 'आंतरराष्ट्रीय योग दिवसाच्या' निमित्ताने योगासनांविषयी जनजागृती निर्माण करण्याच्या दृष्टीने आपल्या महाविद्यालयामार्फत राष्ट्रीय सेवा योजना स्वयंसेवकांच्या सहभागाने महाविद्यालय परिसरात कार्यक्रम आयोजन करण्यात यावे. सदर उपक्रम प्रभावीपणे राबवून या उपक्रमाचा सविस्तर अहवाल व छायाचित्रासह nss_student_list@pun.unipune.ac.in या मेल आयडीवर (मेलचा विषय 'International Yoga Day 2019', College NSS Code No.A,B,C,D या विषयासह) मेलद्वारे पाठवण्यात यावा. आपल्या महाविद्यालयातील कार्यक्रम अधिकाऱ्यांच्या व विद्यार्थी कल्याण अधिकारी यांच्या निदर्शनास ही बाब तत्परतेने लक्षात आणावी. कळावे, ही विनंती.

सोबत : योग दिन कार्यक्रमाचे स्वरूप

संचालक
राष्ट्रीय सेवा योजना

महाविद्यालयाचे नाव व एनएनएस कोड—

कार्यक्रम अधिकारी नाव व मोबाईल नं.—

No	Name of the Programme	No. of Activities in college	Total No. of Participated	No. of NSS Volunteers Participated in Activities			No. of Youth/Others Participated in Activities			Total Number of Participation
				Male	Female	Total	Male	Female	Total	
1	Workshops									
2	Colleges Level Rallies									
3	Seminars									
4	Debates									
5	Nukkar Natak/Street Plays Organised									
6	Any Other Activity									
	Total									

F. No. P-52.1/CDN/NSS/DTE/2019/1220-1236
Government of India
Ministry of Youth Affairs and Sports
Directorate of NSS
12/11, Jamnagar House
New Delhi - 110011

Dated: 29.05.2019

To

The Regional Directors
All Regional Directorates of NSS

Sub: Celebration of International Day of Yoga on 21st June, 2019- reg.

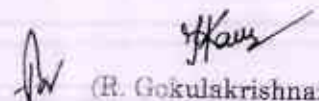
I am to forward herewith Ministry of AYUSH letter F.No.S.11012/15/2019-YN dated 14th May, 2019 appended by CDN letter F.No.J-17011/73/2018-CDN dated 17th May, 2019 on the subject cited above and to request your kind office to observe the International Day of Yoga on 21st June, 2019 as per the Action Plan enclosed herewith.

Besides, like previous years, all NSS units may also organize Workshops, Rallies, Seminars, Debates, Nukkad Natakas and Street Plays followed by demonstration on Common Yoga Protocol (CYP) by inviting Yoga experts.

The action taken report along with the action photographs of the Yoga activities undertaken should be submitted to the office of the undersigned on or before 25th June, 2019 for onward submission to the Ministry.

Enclosed: As Above

Your faithfully,


(R. Gokulakrishnan)
Assistant Programme Adviser

Copy to:

1. Director NSS, Shastri Bhawan, New Delhi for information.
2. Under Secretary, NSS Section, Shastri Bhawan, New Delhi for information.

F.No.J-17011/73/2018-CDN
Government of India
Ministry of Youth Affairs and Sports
Department of Youth Affairs
(CDN Section)

New Delhi, dated 17th May, 2019.

To

1. The Director General,
Nehru Yuva Kendra Sangathan,
4, Jeevan Deep Building,
Parliament Street, New Delhi-01
2. The Director,
Rajiv Gandhi National Institute of Youth Development
Sriperumbudur, Tamil Nadu-602105.
3. The Director,
National Service Scheme, Directorate of NSS,
Jamnagar House Hutments, New Delhi.

Subject : Celebration of International Day of Yoga on 21st June, 2019.

Sir,

I am directed to forward herewith a copy of the Action Plan for celebrating "International Day of Yoga" on 21.06.2019 in respect of Department of Youth Affairs for information and necessary action.

2. Further, NYKS is requested to make necessary arrangements for organising Yoga activities for the officials of the Ministry as well as their own employees in different time schedule.

3. All organisations are requested to submit action taken report along with photographs of the Yoga activities being organised by field officers/universities so as to reach the Ministry by 28th June, 2019.

This issues with the approval of the Competent Authority.

Yours faithfully,

(N.A. Sreejit)
Under Secretary to the Government of India

Encl: As above

Copy to:

1. US(NYKS)
2. US(NSS)
3. US(RGNID)
4. Dir(Admin)/US(Admin)-in respect of main secretariat.

MC Jany
29/5/19
* for circulation among DS.



24/5/19
JA Sreejit

**ACTION PLAN OF CELEBRATION OF INTERNATIONAL DAY OF
YOGA ON JUNE 21ST 2019 BY THE NSS ORGANISATION**

Unlike Last year 21st June 2018 was celebrated as International Day of Yoga by the various NSS Units in the country in a big way. This year also, NSS organization plans to celebrate the International Day of Yoga on 21st June, 2019 in the befitting manner. Following instructions are to be followed by all the Regional Directorate of NSS.

The following activities/programmes will be conducted by various NSS units in the country to celebrate the **International Day of Yoga on 21st June, 2019:**

- A workshop on Yoga will be conducted in all the Universities having NSS, which will be followed by demonstration and performance of series of Yog-Asanas.
- Rallies , Seminars, Street plays , workshop & any other activities to make awareness about importance of Yoga among community are to be organised by universities/+2 Council and NSS units/Institutions in region
- All the NSS Units will perform the Yog-Asanas in their campuses to mark the occasion.
- All the Special Camping programmes will have a component of performance of Yog-Asanas.
- The day will start with the performance of Yog-Asanas in all the National Level programmes, like Pre- Republic Day Parade Camps, Republic Day Parade Camp, National Youth Festival, National Integration Camp etc. being conducted by the NSS units all over the country.
- Rallies will be organised in all the capitals by the NSS volunteers to make the people aware about the benefits of Yog-Asanas and to motivate for living a healthy life
