

SPPU Aahaar Webinars

Under the aegis of Department of Botany and School of Life Sciences

September 20-23, 2021. 6:00pm to 7:30pm IST everyday.

Details of the four-part Webinar Series on the 'Wonders of Nutrition'

Date and Time: 6 - 7:30 pm IST	Session	Speakers	Duration (min.)
20 Sept. 2021	Welcome and Inauguration	Prof. Smita Zinjarde and Prof. A. B. Ade (SPPU)	20
	1a. Introductions to GIST and Aahaar Kranti	Dr. Yelloji-Rao Mirajkar (USA)	10
	1b. Nutrition for elders: - Is this a forgotten paradigm? Q/A	Dr. Rashmi Kulkarni (Qatar)	30 20
21 Sept. 2021	2a. Can nutrition help in building tomorrow's leaders?	Prof. Leena Pattarkine (USA)	35
	2b. Are there any consequences? Q/A	Shri. Praful Krishna (USA)	25 20
22 Sept. 2021	3a. Spices - Unsung Heroes!	Dr. Anjali Kulkarni (SPPU)	30
	3b. Gut microbes – Are they Friends or Foes? Q/A	Dr. Rashmi Kulkarni (Qatar)	30 20
23 Sept. 2021	4a. How would you prepare for parenthood? Q/A	Dr. Anjali Kulkarni (SPPU) and Dr. Shikha Srivastava (DU)	30 20
	Summary and Opportunities - Students / Faculty / SPPU / General masses		15
	Concluding Ceremony and Vote of thanks		15



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